

HealthSource

America's Chiropractor®



CAL MAG

MADE WITH
**NON
GMO**
ingredients

A Calcium, Magnesium and D3 Supplement to Support Bone Function*

Did You Know...

Calcium is the most abundant mineral in our bodies, making up 2% of our total body weight. It is necessary for most bodily functions and it is estimated that 80% of all American women are calcium deficient.* Calcium is involved in the transmission of nerve impulses, muscle contraction (including the heart muscle), blood clotting, supporting healthy cholesterol, supporting a healthy immune system, maintaining strong bones and teeth and proper sleep.*

What symptoms could indicate that I might be deficient in calcium?

- Irritability and nervousness *
- Muscle cramping, twitching and fatigue *
- Osteoporosis *
- High blood pressure*
- Menstrual problems*

The HealthSource Difference

HealthSource Cal Mag contains an optimal balance of calcium, magnesium and Vitamin D designed to support health of the cardiovascular system, bones and teeth.*

Factors that can lead to Calcium Deficiency include:

- Over-consumption of processed foods*
- Stress*
- Lack of exercise*
- More prominent in females*
- Insufficient dietary calcium intake*

HS Cal Mag can help to...

- Maintain proper calcium and magnesium ratios*
- Properly offset excessive phosphorus found in diet*
- Support healthy bones and maintenance of blood pressure within normal range*

* These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure or prevent any disease.

Supplement Facts

Serving Size: 2 Tablets

AMOUNT PER SERVING

Vitamin D3 (as Cholecalciferol)	50 IU
Calcium (as Ca Amino Acid Chelate)	500 mg
Magnesium (as Mg Amino Acid Chelate)	200 mg

Other Ingredients: microcrystalline cellulose, stearic acid, vegetable stearate, croscarmellose sodium, silicon dioxide, pharmaceutical glaze.

Warning: If pregnant or nursing, consult your healthcare practitioner before taking this product.

Suggested Use: As a dietary supplement, take 2 tablets with a meal, or as directed by your healthcare practitioner.