

### Did You Know...

Vitamin D3 boosts calcium absorption, but that's only part of the story. Without enough Vitamin K2, calcium can build up in the wrong places, like your arteries or soft tissues. D & K Complete combines these two essential nutrients to help your body absorb calcium and direct it to where it belongs, your bones and teeth, while supporting cardiovascular health and immune system functioning, especially during times of stress or seasonal challenges.\*

### The HealthSource Difference

Unlike many standalone D3 supplements, D & K Complete is formulated with the optimal balance of bioactive Vitamin D3 and MK-7 form of Vitamin K2 to work synergistically, maximizing calcium absorption and proper utilization.\*

D & K Complete is designed specifically to support bone density, heart health and immune resilience, all in one high-quality practitioner-trusted formula.\*

#### What is it?

- A high-quality supplement combining D3 and K2 (as MK-7) in one formula.\*
- Clinically backed, practitioner-trusted formulation, not found in stores.\*
- Designed to complement chiropractic care and whole-body wellness.\*

#### What it Does?

- Helps your body absorb calcium effectively and directs it to your bones and teeth where needed.\*
- Supports strong bones, a healthy heart, and a responsive immune system.\*
- Reinforces your treatment goals with targeted nutritional support.\*

## Why it Matters?

- Without K2, calcium can build up in arteries and soft tissues, raising risks for heart issues instead of helping your bones.\*
- Many supplements only focus on D3, missing the K2 your body needs to properly manage calcium and protect vital systems.\*

# Supplement Facts

### **Suggested Use:**

Take one softgel daily with food or as recommended by your healthcare provider. Best taken with a fat-containing meal to enhance absorption.

Store in a cool dry space.

Serving Size: 1 Softgel Serving Per Container: 30

#### AMOUNT PER SERVING & PERCENT DAILY VALUE

Vitamin D3 (as Cholecalciferol)	125 mcg** (5,000 IU)	625%
Vitamin E	1.25 mg**	12%
Vitamin K2 (MK-7)	175 mcg**	†

† Daily Value (DV) not established

Percent based on a 2,000-calorie diet

**Other Ingredients:** Olive Oil, Vegetable Gelatin, Glycerine, Purified Water

Free from artificial dyes, gluten, dairy, and soy.

**Warning:** Not for use during pregnancy or lactation without supervision. Use caution if you are on blood thinners, have kidney disease or high calcium levels. Consult a healthcare provider before use.

\*These statements have not been evaluated by the Food and Drug Administration. This product is not intended to diagnose, treat, cure, or prevent any disease.

<sup>\*\*</sup>At Time of Manufacture